



- 1) PRESS YOUR RIGHT PALM FLAT OVER THE HAND IMAGE
- 2) ALIGN YOUR KNUCKLE AT THE BASE OF YOUR FIRST FINGER TO THE CENTRE OF THE CROSS IN THE CIRCLE
- 3) YOUR SIZE WILL SHOW AT THE WIDEST POINT OF YOUR HAND

06 07 08 09 10 11 12

xs s m l xl xxl xxxl

The hand in this example is a size 09

FOR ACCURATE RESULTS, PLEASE PRINT A4 PORTRAIT, SCALING SET TO 'ACTUAL SIZE'

**PLEASE NOTE** This chart is strictly a guide only. Different materials and characteristics in different styles can alter the size needed, and different styles of glove can be expected to have varying sizing. For example, if ordering a fully dipped/coated glove it is advised to order the next size up as the glove is stiffer.